

Fabretto

Food Security & Nutrition Programs



Introduction

Fabretto's nutrition programs form a holistic response to the food crisis in Nicaragua with a series of integrated programs designed to target specific nutritional needs. The ramifications of food insecurity are serious, and 20% of Nicaragua's population is currently undernourished, with 22% of children unable to reach their expected height due to stunting (UNDP).

Fabretto's nutrition programs treat childhood malnutrition and build community nutritional knowledge to create an environment in which children can develop to their full potential. By involving parents in programs and developing key resources, Fabretto creates lasting positive change in overall food security in underserved communities.

Our Program

Fabretto provides **daily school lunches to more than 10,000 children** in Nicaragua—often the only complete meal the children eat each day. Fabretto promotes **school gardens** to supplement lunches with fresh foods. School meals support physical growth and cognitive development, provide important vitamins and minerals, and give children the energy that they need to fully participate in school activities.

Fabretto ensures that students, parents, and community members are active participants and learners in all nutrition programs. Parents cook daily school meals, tend Fabretto school gardens alongside their children, and participate in **health and nutrition workshops**. Finally, Fabretto prepares future community leaders by teaching primary and secondary students about **sustainable agriculture** through hands-on models such as 4-H clubs and our innovative rural secondary program, SAT.

For more information visit our website www.fabretto.org

IMPACT
IN 2014

884

PARENTS TRAINED

65%

CHILDREN IMPROVED
HEIGHT AND WEIGHT

